

Pool timetable

PaddlePod North Tyneside (Shiremoor)

8am



10am



12pm



2pm



4pm



6pm



8pm

Monday

Nemo Swimming
(babies, toddlers, pre-school)

SwimNE
(school children)

Tuesday

Nemo Swimming
(babies, toddlers, pre-school)

SwimNE
(school children)

Wednesday

Nemo Swimming
(babies, toddlers, pre-school)

Pre-natal and
adult-only swims

Thursday

Nemo Swimming
(babies, toddlers, pre-school)

SwimNE
(school children)

Friday

Nemo Swimming
(babies, toddlers, pre-school)

SwimNE
(school children)

Saturday

Nemo Swimming
(babies, toddlers, pre-school)

Parties &
family swims

Sunday

SwimNE
(school children)

Parties &
family swims

PaddlePod
Swim. Eat. Play.